



## How to Join SheFighter Movement

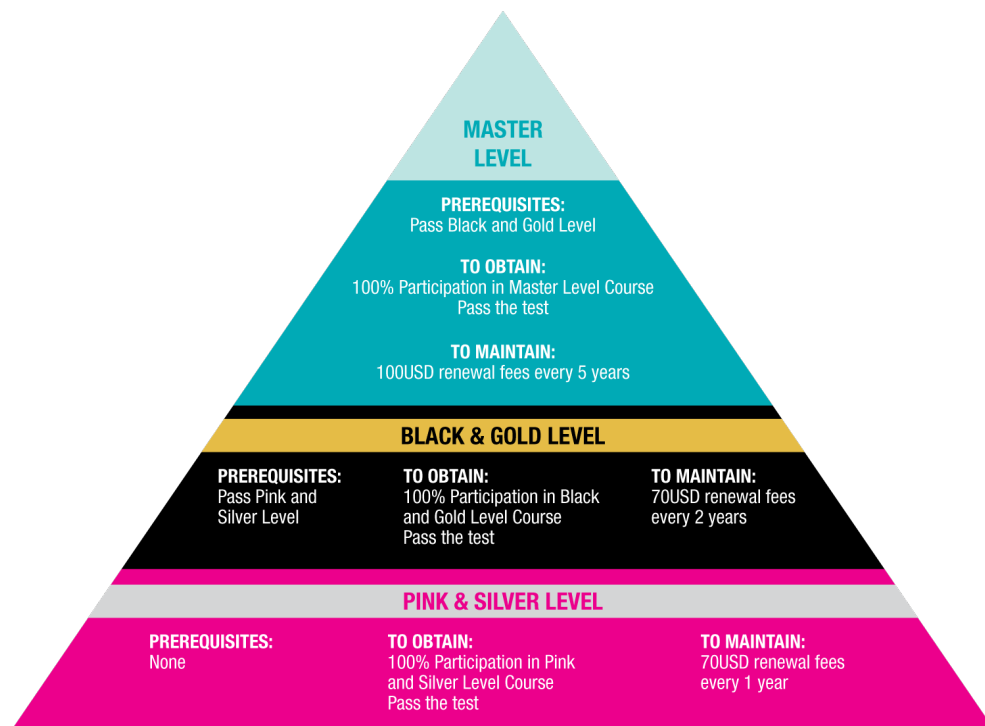
SheFighter is a Self-Defense/ Martial arts system for women only. It has its own Manuals, Uniform and testing systems.

SheFighter is designed to empower women physically, mentally and emotionally through Self-Defense training.

SheFighter has been founded in 2012 and has trained more than 18 thousand women and certified 550 Instructors all over the globe.

**The TOT (Training of Trainers Level System) consists of 5 Levels:**

- Pink Level (Beginner)
- Silver Level (Intermediate)
- Black Level (Advanced)
- Gold Level (Professional)
- Master Level (Master)





## **WHAT ARE THE REQUIREMENTS TO RECEIVE Pink and Silver Level TRAINER CERTIFICATE?**

To receive a **Pink Level**, and **Silver Trainer** Certificate, one must:

- Attend the entire 6 days course (approximately 24 hours/ 4 hours each day). Attendance includes full exposure to all lectures, full participation in all practical breakout sessions, and full participation in all workouts.
- Pass the SheFighter Pink and Silver test.
- Sign the SheFighter Trainer License agreement and agree to the policies outlined in the SheFighter trainer Handbook, the Waiver and Release of Liability, and the Confidentiality Agreement.
- Pay all course/test fees in full.

If you do not meet these requirements, you are issued a Certificate of Attendance.

Note: In order to be qualified to teach the SheFighter System, one must get certified with both Pink and Silver Levels together.

## **WHAT ARE THE REQUIREMENTS TO RECEIVE Black and Gold Level TRAINER CERTIFICATE?**

To receive a **Black Level**, and **Gold Trainer** Certificate, one must:

- Attend the entire 7 days course (approximately 28 hours/ 4 hours each day). Attendance includes full exposure to all lectures, full participation in all practical breakout sessions, and full participation in all workouts.
- Pass the SheFighter Black and Gold test.
- Sign the SheFighter Trainer License agreement and agree to the policies outlined in the SheFighter trainer Handbook, the Waiver and Release of Liability, and the Confidentiality Agreement.
- Pay all course/test fees in full.

If you do not meet these requirements, you are issued a Certificate of Attendance.



- **SheFighter Self-Defense Seminars consists of one of the options:**
- 4 hours /Day: You will be provided with a certificate of participation
- 8 hours (4 hours each day / 2 Days: You will be provided a Self-Defense Manual and a certificate of participation



## SheFighter Trainers Levels Prices

### **TOT Prices (Training of Trainers) :**

Level	Full Course	Early Bird/ Before 5 days of actual starting date	Number of hours	Number of Participants
Pink & Silver	530 USD	480 USD	24 hours	Minimum 10 and maximum 20
Black & Gold	675 USD	590 USD	28 hours	Minimum 6 and maximum 20
Master	890 USD	790 USD	24 hours	Minimum 6 and maximum 20

### **Self-Defense Seminars Prices:**

Item	Price/ Per Person	Number of Participants
Seminar for 4 hours	150 USD	Minimum 10 and maximum 30
Seminar for 8 hours	250 USD	Minimum 10 and maximum 30

- SheFighter Merchandise/ Uniform Prices for Trainers Level System:**

Products	Price (USD)	Sizes
SheFighter Gloves (Mandatory)	\$45	8,10 and 12
Handwraps	\$15	5 meters
SheFighter Pants (White/Black)	\$35	S,M,L (White), Black (M,L)
SheFighter T-Shirts	\$30	S,M,L and Kids sizes
SheFighter Hoodies	\$40	S, M, L, and XL